



## Mittens in Double Knitting

Designed by Angharad Thomas



**These are knitted on 2 needles and are seamed up the side of the hand and the thumb.**

### You will need:

2 x 50g balls double knitting wool or wool mix **OR** 1 x 50g ball and small ball of contrast colour for rib. Completed pair weighs about 60 grams.

Pair 3.5 (UK 10) needles

Pair 4mm (UK 8) needles

Sewing up needle

Stitch holders or waste yarn

### Method:

Using 3.5 needles cast on 46 sts and knit 24 rows in K2 P2 rib.  
Change to 4mm needles and stocking stitch.  
K 10 rows st st (1 row k, 1 row purl).

Place a marker in the 22<sup>nd</sup> stitch and the 25<sup>th</sup> stitch.

**Increase for thumb gusset on knit rows as follows:**

K 22, increase 1 by lifting thread between sts and knitting into the back of it, K2, increase 1, K22.

Next and all even rows, purl.

K22, increase 1, knit 4, increase 1, K22.

K22, increase 1, k6, increase 1, K22.

Continue to increase like this, until there are 18 sts between the 2 marked sts, ending with a purl row.

**Make the thumb:**

Knit 40, turn the work, cast on 1 st for the base of the thumb.

Purl 19 sts, turn the work, cast on 1 st for the base of the thumb.

Knit on these 20 sts for 2.5ins/7cms.

You may put the stitches not being knitted on a stitch holder or leave them on the needles.

Decrease top of thumb.

K1, k2 tog all round, 14 sts. Purl 1 row. Next row, K2 tog, 7 sts.

Break yarn, thread through sts and fasten off. Keep thread for sewing up thumb seam.

With the right side of the work facing, rejoin yarn.

Knit across to thumb, pick up and knit the cast on st at the right base of thumb, pick up cast on st at left base of thumb, K 22. 46 sts.

Knit in stocking stitch on these 52 sts until work measures 6 ins/ 15 cms from the top of the rib.

**Shape top:**

K2, K2 tog tbl, K 15, K2 tog, K4, K2 togTBL, K 15, K2 tog, K2.

Next and alternate rows, purl.

Decrease in the same way on every knit row until there are 7 sts between the decreases, 26 total.

Knit 1 row purl.

Knit 13sts, then hold the 2 needles parallel, break yarn and graft these sts together.

Sew up side seam and thumb seam. Press lightly and darn in ends.

Voila!

Please send your completed items to Knit for Peace, Radius Works, Back Lane, London NW3 1HL. If you have enjoyed knitting these mittens please make a donation to support Knit for Peace projects at [www.knitforpeace.org.uk](http://www.knitforpeace.org.uk). Thank you.