

Knit for Peace



Infinity Cowl

Uses less yarn than a scarf – more warmth per inch of knitting!

Materials

For a multicoloured version use 4 x 50g balls DK yarn

For a two-coloured version use 2 x 50g balls DK yarn

For a plain version use 2 x 50g balls DK yarn

A 4.5mm 60cm circular needle and a darning needle for finishing

Method

Cast on 140 stitches.

Twist the cast on stitches once around the needle and join to knit in a circle.

*Knit 10 rows, Purl 10 rows. Change the colour if desired. Repeat from *3 times (4 repeats in all).

Cast off.

Finishing

Sew in the ends.

Lightly steam the cowl to allow the yarn to bloom but do not press.

The knit and purl sections should fall naturally into ridges.

You can make a longer cowl that will wrap twice round your neck by casting on 160 stitches and working in the same way as above.

Designed by Jane Lithgow and amended by Knit for Peace.

Please send your completed items to Knit for Peace, Radius Works, Back Lane, London NW3 1HL. If you have enjoyed knitting this please make a donation to support Knit for Peace projects at www.knitforpeace.org.uk. Thank you.